



TODAY'S WORD: Independence

AFFIRMATION: I am free, to express the fullness of my Divinity, I am free!

I may have been born into challenging circumstances or run into difficulty along the way. Spirit gives me the inner resources to rise above whatever I face. I am free to think positively, act courageously, and soar like an eagle. I value the ability to make decisions about matters that affect me. I use my spiritual powers to think and act in ways that benefit all. I have the power to do and be whatever I choose. I create the life of my dreams. Attuned to Spirit, I am fearless and self-assured. I am confident and strong. I am an independent spirit and I am free.

SACRED TEXT: The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Isaiah 58:11

INSPIRATIONAL QUOTES:

“To find yourself, think for yourself.” Socrates

“People have only as much liberty as they have the curiosity to want and the courage to take.” Emma Goldman

“Discover the true meaning of love. Love is generally confused with dependence. Those of us who have grown in true love know that we can love only in proportion to our capacity for independence.” Fred Rogers

“The most courageous act is still to think for yourself and endeavor to be yourself.” Coco Chanel