

Sunday July 8th 2018

The Power of Understanding

By Rev. Clive deLaporte

unity
of Fort Myers



TODAY'S WORD: Understanding

AFFIRMATION: By Faith I behold and believe, by Understanding I become.

There is much in this world I cannot understand with my human mind, yet I do not let the lack of complete understanding unsettle me. I trust, and I release the need to know. Each person sees the world from his or her unique perspective. Still, I can be open to understanding another's point of view. As St. Francis proffered, "Grant that I may not so much seek ... to be understood as to understand." Rather than getting caught in the clutter of bewilderment about life's difficult questions, I open my mind and my heart to spiritual understanding that feeds and guides me. From a higher perspective I have confidence that the universe will carry on. Spiritual understanding fills me and brings me peace.

SACRED TEXT: Happy are those who find wisdom, and those who get understanding.—Proverbs 3:13

INSPIRATIONAL QUOTES:

"Those who know, do. Those that understand, teach." Aristotle

"Nothing in life is to be feared, it is only to be understood. Now is the time to understand more, so that we may fear less." Marie Curie

"Everything that irritates us about others can lead us to an understanding of ourselves." C.G. Jung

"Sometimes all a person wants is an empathetic ear; all he or she needs is to talk it out. Just offering a listening ear and an understanding heart for his or her suffering can be a big comfort." Roy T. Bennett