Deepening Our Understanding of "The Gathering"

Step #1: I Release My Human Needs.

Focusing on the needs we are experiencing seems natural, but when our mind dwells on problems, that can limit our vision. If we think about what we <u>don't</u> have, thoughts of lack can multiply, and our mind become overwhelmed with feelings of inadequacy and victimhood.

Whatever God is doing, God is always doing. God does not change in obedience to our requests. There are no needs in God. Our need is <u>not</u> an avenue through which God can work. Rather than insist God work through our needs, it is best to <u>discover the</u> <u>avenue through which God's power and presence can express</u> <u>through us</u>. It is then we find inner peace and joy. Practices for opening an avenue to knowing God include: release of judgments, prayers of gratitude and oneness, meditation, and inner silence.

The one central need in our lives is to know God. When a person experiences the Presence, there is no lack, there is no disease, and there is no conflict. We awaken to our true nature, our eternal wholeness.

We do experience human needs, and they have a role to play in our lives. They can serve to turn us to God. Once that shift begins, <u>release your human needs and bring only your emptied</u> <u>mind</u> to the Creator, along with your desire to awaken to His Presence. When you Seek the Kingdom of God above all else, all your true needs will be fulfilled.

(Adapted by Jim Toth from the book, "The Gathering" by Rev. Jim Rosemergy.)