

## Deepening Our Understanding of “The Gathering”

### **Step #2: I Accept My Human Condition So I Can Express My Spiritual Nature.**

**Acceptance** is most challenging when we attempt to apply it to ourselves. Most of us either war against our humanity or run from it. Our flight can take the form of hiding our frailties and weaknesses from others and ourselves.

There comes a time in our spiritual journey when we realize that the answer to any difficulty is to express ourselves as the unlimited spiritual being that we are. We become willing to discover ourselves as holy children of God.

We think that by giving attention to our spiritual nature we can avoid experiencing our human selves. This is not true. We must accept and become nonresistant to our human condition. We also must become accepting and nonresistant to the parts of ourselves we have tried to conceal. We hide them deep inside, hoping no one will see them. We must embrace our human condition in order to consciously release it.

Step 2 asks us to **love ourselves**, and as love does its work, fear is cast out. **The acceptance of our disowned self, is an expression and experience of our higher self in action.** Our fears are allowed to arise into a consciousness of love, where fear has no power, where fear gently melts away.

When we take this step, we are closer to one of the grandest experiences of our lives, a spiritual breakthrough that transforms our world. Human problems lose their power when we awaken to the unconditional love of our own spiritual nature.

*(Adapted by Jim Toth from the book, "The Gathering" by Rev. Jim Rosemergy.)*