

Deepening Our Understanding of "The Gathering"

Step #3: I Willingly Release Any Part of My Human Self That Is a Barrier to God.

We are as close to God as we will ever be. And yet we are unaware of the Presence in which we live and move and have our being, and unaware that God has made a home in us. We have all we need to live a joyful and secure life, but we are not aware of the treasure that is so close to us.

Our attention is fixed on the world our five senses make known to us. There is more to experience than our senses can reveal. We each hold attitudes and beliefs we reaffirm each day that limit us, and hold us back from the life we want to live. If we live in limitation, it is not because Spirit is withholding its blessing from us. It is because we shield ourselves from the possibilities of what we can be.

The challenge is that often we are unaware of the walls we have erected. We may even believe the barrier is a blessing.

Willingness is the beginning of nearly every new endeavor. We may not know the solution to a problem, but we can be willing to discover the answer. In step 3, we are declaring our willingness to stop holding on to beliefs that keep us from knowing God.

The letting go happens when we put God first, and open our hearts to receiving his love. What limiting belief do you need to bring to love, to move forward in your spiritual journey? What burden do you need to release to experience the divine Presence?

(Adapted by Jim Toth from the book, "The Gathering" by Rev. Jim Rosemergy.)