## **Deepening Our Understanding of "The Gathering"**

## **Step #6**: I Acknowledge That a Consciousness of God Is The Answer; That Life Is a Consciousness of God.

We each create our experience of our life by perceiving each situation through the filter of our belief system. We habitually seek solutions to our problems from within the limits of mistaken ideas about who we are. In The Gathering we don't bring our problems to God, instead, we empty ourselves by letting go of who we think we are, and what we think God is.

When our false beliefs are released, we open the door to discovering how much more we are than we realized. We find that we are eternally loved and protected by our Source. When we yearn to know God and commit ourselves to prayer practice, our experience of our world can be transformed. We can awaken to another world, a world of peace and joy that has always been present, yet waiting for our "spiritual eyes" to see beyond the appearances of the five senses.

**Step 6 challenges us** to seek the experience of God's Presence and power. Having an experience of the Presence will deepen our conviction that <u>true life</u> is a consciousness of God's goodness; a consciousness that eternal, unchanging Spirit is our essence. We are not fully alive until we awaken to our oneness with God. Out of the light of this awakening we will know how to live, how to extend our love to everyone, and how to find true inner peace.